

## MODULE 6 – SOLUTIONS HANDOUT

### Why We All MUST Detox From This Toxic World Of Ours

#### WEBINAR SUMMARY:

Not to sound like doom and gloom but we want to remind you about what you are eating, drinking, breathing and absorbing WITHOUT your permission.

- **BPA's** were taken out of plastic containers but they still line 85% of our canned goods. even organic canned foods! (However a few brands such as Amy's are labeled as BPA-free: if not labeled, they have 'em!)
- BPA's were replaced in plastics (not all but a good deal of the time) by the almost-as-toxic-cancer causing **BPS** compounds (Bisphenol S ) which are also found in places such as cash register and credit card receipts, most (87%) of U.S. paper money and even 52% of recycled paper!
- **Organo-chlorines** are toxins found in herbicides, pesticides, foods which are grown non-organically, processed foods, and toxic fats (meaning overheated fats found in all foods; especially when you eat out of course!)

Accumulation of any of these substances listed above can interfere with hormonal activity, raise blood sugar, and also depress the immune system which leads to auto-immune diseases and cancer.

And then there's glyphosate, a herbicidal nightmare; discussed at the beginning of this module-something you need to just plain avoid.

- If you eat any processed foods, are using any artificial sweeteners other than organic Stevia or a combination of artificial (non-stevia) sweeteners, dyes, and many so called "**food ingredients**" found in most processed foods these have been linked to several cancers.
- **Heavy metals** from work or food exposure or even deterioration of mercury based dental fillings can infiltrate organs and cause damage.
- And speaking of heavy metals, the FDA does not give you the whole story about fish. If you are eating nothing but Wild Caught Salmon, Sardines, Mussels, Wild Caught Rainbow Trout and Atlantic Mackerel, you are eating the highest omega-3 and lowest **mercury** containing fish, so congratulations!

If you are eating oyster, Pollock and Herring, you are also scoring points. BUT if you are eating anything listed in the Self-evaluation questionnaire, and in the "at all" category we will list: King Mackerel, Orange roughly, Tilefish, Marlin, Shark or Swordfish, then you already have accumulated too much **mercury** so you need to get it measured and get rid of it.

- In addition, if you are consuming more than the amount of a particular **fish**, for instance canned Tuna more than once every other week, or Tuna sushi more than once a month (and see questionnaire for more particulars), you also are accumulating too much **mercury**. As a side note: sardines packed in water can be chopped up and used just like tuna for a nutritious, tasty snack or sandwich.
- **Mercury** causes special problems for pregnant women and children, but for adults, there is a definite correlation between **mercury accumulation** and, for one thing, the incidence of **heart disease**.

- **Unfiltered drinking water**, and even **water used for showering** introduces toxins into the body. This is at levels **which are known to be toxic** in the case of **fluoride** for example (shown to cause cancer), or even **chlorine** (same) when a municipality performs a "cleaning out" of their water supply system.

This is also true if you are swimming in a chlorinated pool as **chlorine does** accumulate.

To get you started on the road to detox'ing your body, we recommend easy-to-use detox sprays. Now; if you suspect "real toxicity" from heavy metals, or any of the toxins we've discussed, we still recommend that you get tested, rather than simply rely on these sprays, which have not been proved to be adequate for large-dose toxicity issues.

The **ACS<sub>200</sub>** spray kills viruses, fungi and bacteria, while the **ACS<sub>nano</sub>** spray eliminates a good deal of heavy metals and other toxins from your body.



**Broad-Spectrum**  
ACS 200 Extra Strength achieves 99.9999% (complete) kill against *Borrelia burgdorferi*, *Candida albicans* and MRSA as proven via independently derived in vitro, benchmark kill-time studies.

**Satisfaction Guaranteed**  
We guarantee ACS 200 Extra Strength to be the most effective medical-use silver you have ever prescribed..

**Real Results**  
"I am absolutely thrilled with the results I personally received while using ACS 200 Extra Strength."  
~Dr. Loomis

**Safety**  
ACS 200 Extra Strength has been proven extremely safe in independent acute oral toxicity studies.

**Practitioner Endorsed**  
ACS 200 Extra Strength is prescribed by doctors in over 15 countries.

**Comprehensive Toxin Reduction**  
ACZ nano Extra Strength effectively eliminates body burden of toxic heavy metals, neurotoxins and free radicals.

**Maximum Toxin Uptake**  
ACZ nano Extra Strength has been shown to increase urinary output of Mercury by up to 55,300% over baseline during only 12 hours of post-provocation urine collection.

**Nano Technology**  
ACZ nano Extra Strength employs nano size and a significantly greater number of zeolite crystals per dose than other zeolite products, providing far greater surface area and superior results.

**Selective Chelation**  
ACZ nano Extra Strength selectively and irreversibly binds and expels toxic heavy metals, VOC's, radioactive toxins, free radicals and more without removing nutrient metals.

**Intra-oral Spray**  
ACZ nano Extra Strength is the only zeolite-based detoxification product provided in a convenient intra-oral spray.

# ***Combo Detox Sprays With NanoTechnology Cellular Zeolite / Cellular Silver***

<b>Precautions Warnings</b>	<b>None!</b>
<b>Benefits</b>	<ul style="list-style-type: none"> <li>The first spray has been proven to kill candida (yeast) lurking in the gastrointestinal tract. These are harmful oral (mouth) pathogens, which cause gum and even heart disease, toxic GI tract bacteria, which inhibit the efficacy of probiotics (more about them later), while also having been shown to kill viruses as well. Of all of the products in its class, the particle size and delivery system make it absolutely superior to all of its competitors.</li> <li>The second spray has been scientifically proven to reduce heavy metals, chlorine and fluoride, as well as all the other toxins we have been talking about. No other products utilize the superior nano sized particle technology.</li> <li>Both sprays contain inert (nontoxic) ingredients which bind the toxins, hence allowing everything to be flushed out by the kidneys.</li> </ul>
<b>Additional Benefits</b>	Most people feel the difference and can see some improvement on their lab work, mainly blood sugar, cholesterol and sometimes certain hormones.
<b>Dosage</b>	<ul style="list-style-type: none"> <li>Use both under-the-tongue sprays morning and night. We have a lot of blood vessels under the tongue making this the most effective and rapid method of delivery for any product (just think about why heart patients take nitroglycerine under their tongue; same thing).</li> <li>For a total "clean-out" round, use 10 sprays under the tongue twice a day for two months. The easiest way to do this is upon getting up and then before going to bed.</li> <li>Avoid food or water for 3 minutes after the sprays.</li> </ul>
<b>Additional Remarks</b>	<ul style="list-style-type: none"> <li>It is easy, convenient and affordable.</li> <li>Once "detoxed", unless you plan to move to another planet, we suggest you remain on a maintenance dose of just 5 sprays of each one, twice daily.</li> </ul>

Just click on the Prevention link in the NAV in the store, and find "Detox" for the above sprays.

Other detoxification products are beyond the scope of this module, and include products found in the "GI section" of our store which bind various toxins such as:

- **MCP Detox:** A product used to assist leaky gut repair that also binds heavy metals
- **Daily Fiber Plus:** A multiple prebiotics fiber powder that also helps eliminate various toxins including mold toxins

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**We hope you have enjoyed all of this information and hope you'll enjoy the next module entitled: "Perfect Sleep."**

**As always, Dr.Kim is here to answer your e-mailed questions.**

***Best Wishes for your Life and Health,***

***Kim Crawford, M.D.,*** and the [drkimsagewellsolutions.com](http://drkimsagewellsolutions.com) team.